

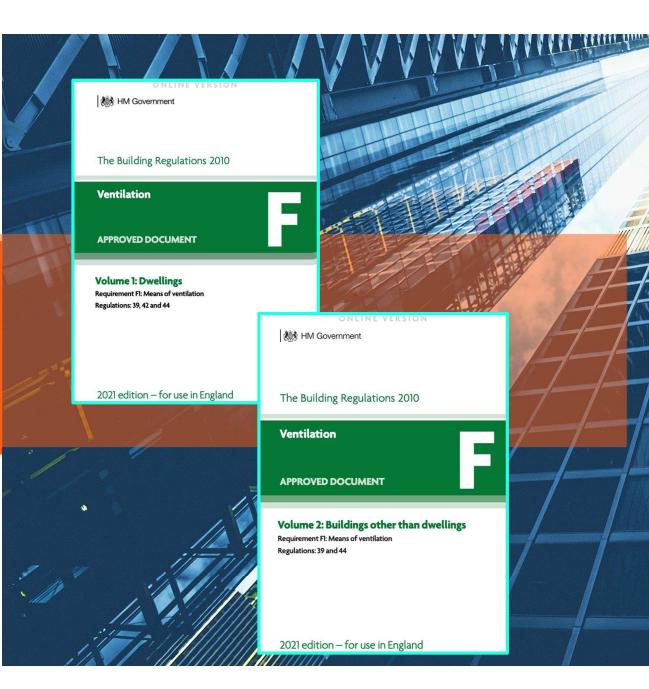
# Approved Document F 2021 Editions

A guide to the changes

London Building Control 13 Woodstock Street, Mayfair, London, W1C 2AG

> Tel: 0207 099 3636 info@londonbuildingcontrol.co.uk www.londonbuildingcontrol.co.uk

RICS acai Cabe Cour Cour







#### What we will look at in this presentation

- Why there is a need for change
- When will this change be implemented
- The existing system options and the new system requirements
- How these systems work
- The performance rates they need to achieve
- Natural ventilation design options
- Common design faults and how to avoid them
- New requirements on works to existing buildings
- New testing and mandatory commissioning requirements



Rics acai Cabe Cour C2 DISO9001 Certified





#### • Why is there a need for change ?

- New Dwellings and also existing buildings are becoming evermore airtight
- Our existing housing stock of leaky buildings have relied heavily on *infiltration* to maintain a healthy air quality in the dwelling

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk





• Why is there a need for change? The research findings. Ventilation and Indoor Air Quality in New Homes

Ministry of Housing, Communities & Local Government

> September 2019 Aecom Limited Ministry of Housing, Communities and Local Government

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

RICS acai Cabe





The primary aim of the study was to evaluate whether the ventilation provisions recommended in the 2010 edition of Approved Document F provide satisfactory indoor air quality in new homes.

A key secondary aim was to establish the extent to which installed ventilation systems comply with the minimum ventilation provisions recommended in Approved Document F.

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

ICS acai 🗟 cabe (cicuir 🕒 👔 🔤 🕬 ISO





The study highlighted issues around the ventilation of internal emissions of moisture, bio effluents (body odour) and volatile organic compounds

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

(RICS acai Cabe CICAIR





 In total, 80 Homes were studied in the period from November 2015 to February 2016, this was across seven developments in England

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

RICS acai Cabe CICAIR





55 of the homes were naturally ventilated. These comprised of trickle ventilators throughout the homes to provide general background ventilation in combination with intermittent extract fans in kitchens, bathrooms and toilets for use during cooking, bathing etc

25 of the Homes had decentralised mechanical extract ventilation (dMEV) systems . These comprised of continuously- running extract fans located within the kitchen, bathrooms and toilets to provide general background ventilation, as well as trickle ventilators to aid the supply of air to the habitable rooms (eg Living rooms and Bedrooms) in the Homes

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk





 During the monitoring period, householders were requested to keep their trickle ventilators open and use their extract fans.

 Interviews were undertaken with residents to understand indoor pollutant sources, their ventilation behaviour and their perception of indoor air quality in their home.

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

ARIC





# The survey findings

info@londonbuildingcontrol.co.uk www.londonbuildingcontrol.co.uk Tel: 0207 099 3636 \* \*

RICS





**Naturally ventilated homes:** only 2 of the 55 homes visited met the guidance in ADF with regard to both trickle ventilation provision and intermittent extract fan air flow rates. In particular, only 9 of the homes met the minimum extract fan air flow rates.

- A number of fans tested provided less than half minimum extract fan flow rates.
- Only one half of the homes met the minimum trickle ventilator areas, with homes ranging from 60% below to 107% above the recommended area.

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

RICS acai Scabe (cour C2 📦 🔤 ISO9001 Certified



- Homes with continuous mechanical extract: Only one of the 25 Homes visited met the guidance published in ADF with respect to both continuous extract fan air flow rates and trickle ventilation provisions.
  - The key reason for this is that, in nearly all cases, the extract fan flow rates were below those recommended. In normal mode (ie low rate) whole dwelling extract air flow rates ranged from 85% below to 8% above the recommended flow rate.
  - Although trickle ventilators met the minimum free area requirements in all of the homes, two of the three developments sites which had dMEV had trickle ventilations installed in the same rooms as the extract fans. This is contrary to guidance to ADF and may reduce the ability of extract fans to draw air through the whole house.

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

🖗 🛯 🖉 🖉 🖓 RICS acai 🖉 🥵 📾 🖉 🖓 🔤 🖉 ISO9001 Certified



#### **THE CONCLUSIONS**



 These levels of compliance may be seen as disappointing given that one of the key changes in the the Part F 2010 revisions was the introduction of a legal requirement for testing and commissioning of installed fans, and for the installer to notify the Building Control body of the commissioning and the air flow rates.

• It is further noted that the measured air exchanges rates in the study are significantly below that recommended in ADF. The poorer IAQ levels tended to be in the bedrooms.

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk





#### When will the changes be implemented?

The existing 2010 arrangements will continue to apply where both of the following situations have been met: Application is in and registered by the 15<sup>th</sup> June 2022

AND

• The works are suitably commenced on site by the 15<sup>th</sup> June 2023 Note: it's on a plot by plot basis. ie Commencement of one plot on a development of multiple house **will not** keep the other plots under the old regulations

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

RICS acai Cabe Cour C2 C ISO9001 Certified



# Interaction with other parts of the Building Regulations



Part B- Protected stairways ,and compartmentation.
Part J- Open flued appliance
Part L- Suitable ventilation system required to
dovetail with the Part L design
Parts K and M- Suitable manual controls positions for occupants
Part O- Note overheating requirements may require a higher purge ventilation standard than Part F

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

S acai Scabe (CICAIR





- The existing system options and the new system requirements
- How these systems work
- The performance rates they need to achieve

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

RICS acai Cabe CICAIR



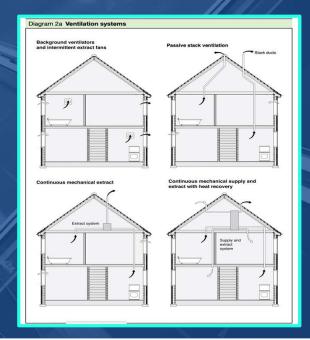
#### **The Current System Provisions**

System 1: Background ventilators and intermittent extract fans. Guidance on minimum provisions for extract and whole dwelling ventilation is set out in Table 5.2a. Note that it includes separate guidance for dwellings with habitable rooms having only a single exposed façade.

System 2: Passive stack ventilation (PSV). Guidance on minimum provisions for extract and whole dwelling ventilation is set out in Table 5.2b.

System 3: Continuous mechanical extract (MEV). Guidance on minimum provisions for extract and whole dwelling ventilation is set out in Table 5.2c.

System 4: Continuous mechanical supply and extract with heat recovery (MVHR). Guidance on minimum provisions for extract and whole dwelling ventilation is set out in Table 5.2d.



info@londonbuildingcontrol.co.uk Tel: 0207 099 3636 \*

www.londonbuildingcontrol.co.uk

RICS



#### The new system requirements and these systems work?

#### Table 1.6 Types of ventilation system

System type	Dwellings covered by the guidance
Natural ventilation (paragraphs 1.47 to 1.59)	Less airtight dwellings
Continuous mechanical extract ventilation (paragraphs 1.60 to 1.66)	All dwellings
Mechanical ventilation with heat recovery (paragraphs 1.67 to 1.73)	All dwellings



www.londonbuildingcontrol.co.uk

RICS acai Cabe CICAIR





#### Acceptability for Natural Ventilation-must be less Airtight

**NOTE:** As defined in Appendix A, less airtight dwellings are dwellings which have one of the following.

- a. A design air permeability higher than  $5m^3/(h\cdot m^2)$  at 50Pa.
- b. An as-built air permeability higher than  $3m^3/(h \cdot m^2)$  at 50Pa.

Where a dwelling has natural ventilation and a measured air permeability that differs from the design air permeability, so that it is defined as a highly airtight dwelling, one of the following applies.

- a. Expert advice should be sought.
- b. A continuous mechanical extract ventilation system should be installed by following the guidance in paragraphs 1.60 to 1.66.

**NOTE:** Continuous mechanical extract ventilation systems are available as decentralised options. An intermittent extract fan may be replaced with a decentralised continuous mechanical extract ventilation system fan.

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

### One of the following:

- a. A design air permeability higher than  $5m^3/(h \cdot m^2)$  at 50Pa.
- b. An as-built air permeability higher than  $3m^3/(h \cdot m^2)$  at 50Pa.



#### Natural ventilation and intermittent extract fans - Acceptability and cost efficiency.

SAP DESIGN Air Leakage	Part L potential Build cost	ACTUAL Air Leakage test result	Actions needed
6	Н	6	Not permitted. Retro Fit improvements as actual test result is higher than 5. See Part L backstop
6		5	No Action needed
6		4	No Action needed
6		3	Building actual test result needs to be at least 4
4	М	4	No Action needed
4	М	3	Building actual test result needs to be at least 4
3	Retro Part L upgrade works potentially H	4	Revise the AS BUILT SAP with increased measures as the building is leakier than intended
3	Retro Part L upgrade works potentially H	3	Building actual test result needs to be at least 4 AND Revise the AS BUILT SAP with increased measures as the building is leakier than intended in the Design calc
		Tel: 0207 099 363	36 * info@londonbuildingcontrol.co.uk * www.londonbuildingcontrol.co.uk @recs acai @cabe @rec @rec #rec ISO9001 Certified



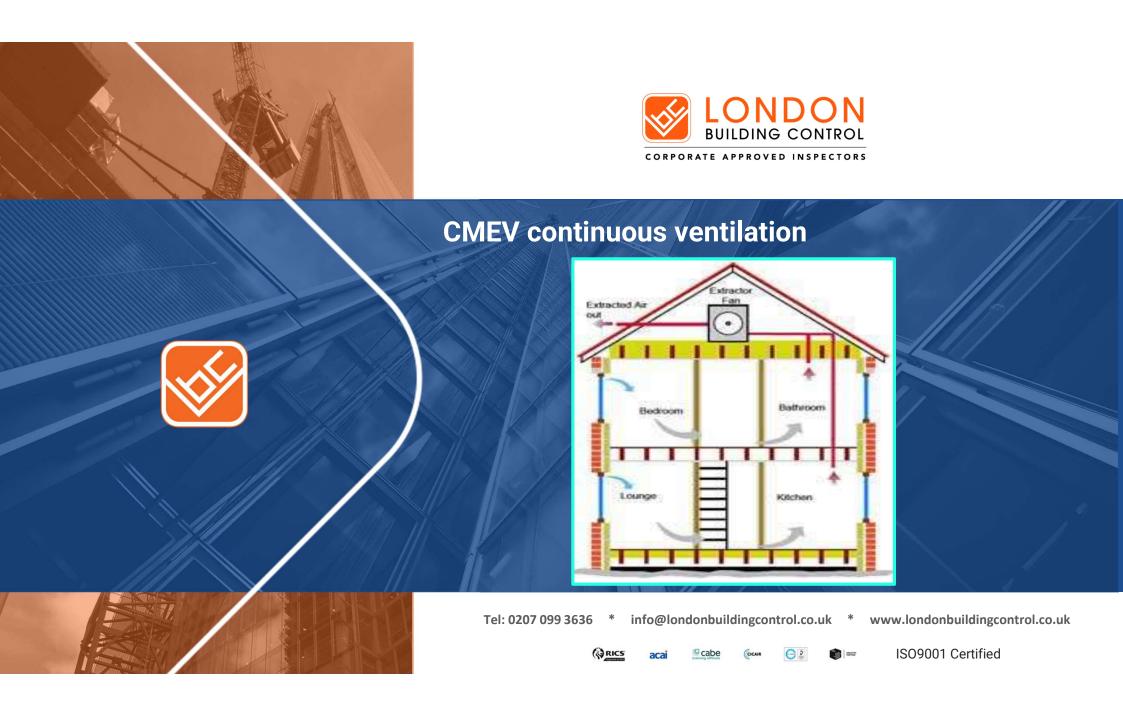


# Natural ventilation intermittent fans



#### Table 1.1 Minimum extract ventilation rates for intermittent extract systems

Room	Intermittent extract rate (l/s)		
Kitchen (cooker hood extracting to the outside) <sup>(1)</sup>	30		
Kitchen (no cooker hood or cooker hood does not extract to the outside) <sup>[2]</sup>	60		
Utility room	30		
Bathroom	15		
Sanitary accommodation <sup>(3)</sup>	6		
NOTES:			
1. See Diagram 1.1.			
2. See Diagram 1.2.			
3. As an alternative for sanitary accommodation, the purge ventilation guidance may be used.			
Rics acai Cabe Cocue Col	ISO9001 Certified		





# Minimum extract rates for continuous ventilation

#### Table 1.2 Minimum extract ventilation rates for continuous extract systems<sup>(1)</sup>

Room	High rate (l∕s)	Continuous rate			
Kitchen	13	The sum of all extract ventilation in the dwelling on its continuous			
Utility room	8	rate should be at least the whole dwelling ventilation rate given in Table 1.3			
Bathroom	8				
Sanitary accommodation	6				
NOTE:					
1. If the continuous rate of ventilation in the table, no extra ventilation is i	n provided in a room is equal to or needed.	higher than the minimum high rate specified			

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk







# Minimum extract rates for continuous ventilation



Table 1.3 Minimum whole dwelling ventilation rates determined by the number of bedrooms					
Number of bedrooms <sup>(1)(2)</sup> Minimum ventilation rate by number of bedrooms (1/s)					
1	19				
2	25				
3	31				
4	37				
5	43				
NOTES:					
<ol> <li>If the dwelling only has one habitable room, a minimum ventilation rate of 131/s should be used.</li> <li>For each additional bedroom, add 61/s to the values in Table 1.3.</li> </ol>					

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk



### Common design faults - How to avoid them





RICS



# **Mechanical Extract Design**

• Centrifugal type fans for duct lengths over 1.5M in length.



- Continuous extract system?- Do not provide BV's in the extract rooms.
- MVHR?- Do not provide BV's
- Rigid Ducts where possible
- BVs 4,000mm2 per each habitable room in continuous extract systems

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

RICS acai Cabe (ICAIR C 2) 📦 🚥



# **Mechanical Extract Design**





Continuous extract system?- Do not provide BV's in the extract rooms.

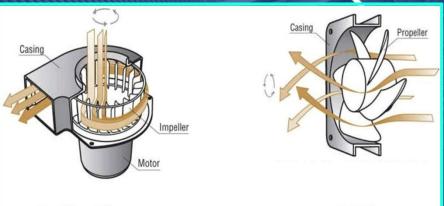
- MVHR?- Do not provide BV's
- Rigid Ducts where possible
- BVs 4,000mm2 per each habitable room in continuous extract systems

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

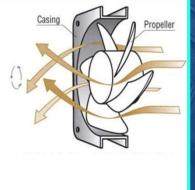
RICS acai Cabe (acus G2) 📦 🚥



# Extract performance 15lit/sec -Analysis by test



**Centrifugal Blower** 



**Axial Blower** 

Fan Type	Axial	Centrifugal
Manufacturers declared rate	23	24
Practical results	Axial	Centrifugal
Measured Flow rate external wall fit	19	24
With rigid ductwork. Within 1.5m of final outlet	15	24
With rigid ductwork. Within 3m of final outlet and with external grill	9	24
Flexible ductwork pulled taught. Within 3m of final outlet	10.8	24
Flexible ductwork pulled taught. Within 3m of final outlet and with external grill	8.4	22

Tel: 0207 099 3636 info@londonbuildingcontrol.co.uk \* \*

www.londonbuildingcontrol.co.uk

RICS cabe



# **Background Ventilation Design**



RICS

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk







#### **Background Ventilation Design**



- Marked with equivalent area To be easy to read
- Not in rooms that have continuous extract

•

- Open plan kitchen/lounge areas? 3 vents minimum
- Total number required based on bedroom numbers –
- Minimum 4 for a 1 bed unit. Minimum 5 when more than 1 bed
- 500mm away from any mechanical extract position
- Elevation opens onto a **busy road?-** Noise attenuation type
- Single exposed elevation?- Vents at high and low level
- **More than one exposed elevation for the unit**?-balance the BV area to promote good cross flow.
  - No more acceptance of secure position fan lights with twin lock positions

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

Rics acai Cabe Cour Col North ISO9001 Certified



### The Amount of Background ventilation

#### Table 1.7 Minimum equivalent area of background ventilators for natural ventilation<sup>(1)</sup>

Room	Minimum equivalent area of background ventilators for dwellings with multiple floors	Minimum equivalent area of background ventilators for single- storey dwellings	
Habitable rooms <sup>(2)(3)</sup>	8000mm <sup>2</sup>	10,000mm <sup>2</sup>	
Kitchen <sup>(2)(3)</sup>	8000mm <sup>2</sup>	10,000mm <sup>2</sup>	
Utility room	No minimum	No minimum	
Bathroom <sup>(4)</sup>	4000mm <sup>2</sup>	4000mm <sup>2</sup>	
Sanitary accommodation	No minimum	No minimum	

#### NOTES:

- 1. The use of this table is not appropriate in any of the following situations and expert advice should be sought.
  - If the dwelling has only one exposed façade.
  - If the dwelling has at least 70% of its openings on the same façade. ٠
  - If a kitchen has no windows or external facade through which a ventilator can be installed.
- 2. Where a kitchen and living room accommodation are not separate rooms (i.e. open plan), no fewer than three ventilators of the same equivalent area as for other habitable rooms should be provided within the open-plan space.
- 3. The total number of ventilators installed in a dwelling's habitable rooms and kitchens should be no fewer than five, except in one-bedroom properties, where there should be no fewer than four.
- 4. If a bathroom has no window or external façade through which a ventilator can be installed, the minimum equivalent area specified should be added to the ventilator sizes specified in other rooms.





ISO9001 Certified (Q RICS





# Improvements to existing buildings

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

acai M Cabe (CICAIR

RICS



Category of measure

### The trigger for improvements

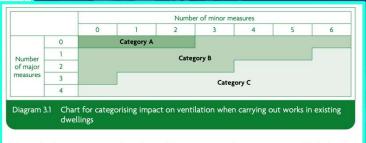


Ro	of insulation		
a.	Renewing loft insulation, including effective edge sealing at junctions and penetrations	Minor	
Ь.	Loft conversions or works that include changing a cold loft (insulation at ceiling level) to a warm loft (insulation at roof level)	Minor	
Wa	Il insulation		
c.	Installing cavity wall insulation to any external wall	Minor	
d.	Installing external or internal wall insulation to less than or equal to 50% of the external wall area	Minor	N
e.	Installing external or internal wall insulation to more than 50% of the external wall area	Major	of
Rej	placement of windows and doors <sup>(1)</sup>		
f.	Replacing less than or equal to 30% of the total existing windows or door units	Minor	
g.	Replacing more than 30% of the total existing windows or door units	Major	Dia
Dra	aught-proofing (other than openings) <sup>(2)</sup>		
h.	Replacing a loft hatch with a sealed/insulated unit	Minor	1.00
i.	Sealing around structural or service penetrations through walls, floors or ceiling/roof	Minor	If th
j.	Sealing and/or insulating a suspended ground floor	Major	ener requ
k.	Removing chimney or providing another means of sealing over chimney, internally or externally	Major	
NC	DTES:		
1.	If the energy efficiency works involve only replacing windows, then the guidance in paragra followed as an alternative means of demonstrating compliance.	aphs 3.14 to 3.1	16 may be
2	Draught proofing measures might not on their own constitute building work. This work m	as he centrel	labla

Table 3.1 Energy efficiency measures

Draught-proofing measures might not, on their own, constitute building work. This work may be controllable under the Building Regulations if carried out as part of other building work.

RICS



If the method in Diagram 3.1 results in the work being categorised as Category A, it is likely that the energy efficiency measures have *not* reduced the ventilation provision of the dwelling below the requirements of FI(1) so no further ventilation provision is necessary.

#### Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

cabe

\_\_\_\_\_



# **Upgrading Example**



A semi detached 1950's built house undergoing the following works.

 A Loft Conversion
 Replacement of all the windows and
 Removal of the chimney stack

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \*

www.londonbuildingcontrol.co.uk

ICS acai Pcabe (cicair



### Upgrading

**S** 

- **3.11** If the method in Diagram 3.1 results in the work being categorised as Category B, it is likely that the ventilation provision of the dwelling has been reduced below the requirements of F1(1). Further ventilation provision should be provided by one of the following means.
  - a. Natural ventilation, by following the system-specific guidance in paragraphs 1.47 to 1.59. It is assumed that any existing purpose-built ventilators are in working order and that the equivalent area has not been compromised.
  - b. Continuous mechanical extract ventilation, by following the system-specific guidance in paragraphs 1.60 to 1.66.
  - c. Mechanical ventilation with heat recovery, by following the system-specific guidance in paragraphs 1.67 to 1.73. To avoid unintended air pathways, existing background ventilators should be covered or sealed shut.

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

CS acai Cabe

Category B- Natural ventilation check and upgrade where there is a shortfall



# Natural ventilation with background ventilators and intermittent extract fans (guidance suitable only for less airtight dwellings)

#### Intermittent extract

- **1.47** Intermittent extract fans should be fitted in all wet rooms. For kitchens, utility rooms, bathrooms and sanitary accommodation, the extract rates in Table 1.1 can be met using an intermittent extract fan.
- **1.48** If a wet room has no external walls, the intermittent extract fan should extract at four air changes per hour to meet the purge ventilation standards in paragraphs 1.26 to 1.31.
- **1.49** For sanitary accommodation, extract rates can be met using windows by following the purge ventilation guidance in paragraphs 1.26 to 1.31.
- **1.50** Any automatic controls (e.g. humidity control) for intermittent extract should have a manual override to allow the occupant to turn the extract ventilation on or off.
- **1.51** In a room with no openable window, an intermittent extract fan should be provided with controls which continue to operate the fan for at least 15 minutes after the room is vacated.

#### **Background ventilators**

**1.52** All rooms with external walls should have background ventilators. If a habitable room has no external walls, paragraphs 1.42 to 1.44 should be followed.

**NOTE:** A window with a night latch position is not adequate for background ventilation, due to the following.

- a. The risk of draughts.
- b. Security issues.
- c. The difficulty of measuring the equivalent area.
- **1.53** If the dwelling has more than one exposed façade, the area of background ventilators on each façade should be similar, to allow cross-ventilation.
- **1.54** If an exposed façade is close to an area of sustained and loud noise (e.g. a main road), then a noise attenuating background ventilator should be fitted.
- **1.55** If fans and background ventilators are fitted in the same room, they should be at least 500mm apart.
- **1.56** The minimum total area of background ventilators in each room should follow the guidance in Table 1.7.
- **1.57** The total number of ventilators installed in the dwelling's habitable rooms and kitchens should be at least the following.
  - a. Four ventilators if the dwelling has one bedroom.
  - b. Five ventilators if the dwelling has more than one bedroom.
- **1.58** If the dwelling has a kitchen and living room which are not separate rooms, at least three ventilators of the same area as for other habitable rooms in Table 1.7 should be provided in the open-plan space.



### **Upgrading-** Category C



- **3.12** If the method in Diagram 3.1 results in the work being categorised as Category C, it is likely that the ventilation provision of the dwelling has been reduced *significantly* below the requirements of FI(1). Further ventilation should be provided by one of the following means.
  - a. Natural ventilation, by following expert advice for the design, sizing and positioning of ventilators to ensure adequate ventilation provision.
  - b. Continuous mechanical extract ventilation, by following the system-specific guidance in paragraphs 1.60 to 1.66.
  - c. Mechanical ventilation with heat recovery, by following the system-specific guidance in paragraphs 1.67 to 1.73. To avoid unintended air pathways, existing background ventilators should be covered or sealed shut.
- **3.13** Appendix D provides a checklist for determining the ventilation provision in an existing dwelling. It may be used before energy efficiency measures are carried out to establish whether an existing dwelling complies with the requirement for adequate means of ventilation.

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

😫 acai 🖳 🖾 🕼 📾 🖾 😭 📾 🗠 ISO9001 Certified

	,
$\times$	

Existing dwelling
building works that have
triggered Category B or
C improvements:
Checklist provided.

If the answer to any of the questions is NO then improvements will be required.

Table D1 Checklist for ventilation provision in existing dwellings		
Natural ventilation <sup>(1)</sup>		
What is the total equivalent area of background ventilators currently in dwelling?		mm <sup>2</sup>
Does each habitable room satisfy the minimum equivalent area standards in Table 1.7(2)?	Yes	No
Have all background ventilators been left in the open position?	Yes	No
Are fans and background ventilators in the same room at least 0.5m apart?	Yes	No
Are there working intermittent extract fans in all wet rooms?	Yes	No
Is there the correct number of intermittent extract fans to satisfy the standards in Table 1.1?	Yes	No
Does the location of fans satisfy the standards in paragraph 1.20?	Yes	No
Do all automatic controls have a manual override?	Yes	No
Does each room have a system for purge ventilation (e.g. windows)?	Yes	No
Do the openings in the rooms satisfy the minimum opening area standards in Table 1.4?	Yes	No
Do all internal doors have sufficient undercut to allow air transfer between rooms as detailed in paragraph 1.25 (i.e. 10mm above the floor finish or 20mm above the floor surface)?	Yes	No
Continuous mechanical extract ventilation <sup>(1)</sup>		
Does the system have a central extract fan, individual room extract fans, or both?	Yes	No
Does the total combined continuous rate of mechanical extract ventilation satisfy the standards in Table 1.3?	Yes	No
Does each minimum mechanical extract ventilation high rate satisfy the standards in Table 1.2?	Yes	No
Is it certain that there are no background ventilators in wet rooms?	Yes	No
Do all habitable rooms have a minimum equivalent area of 5000mm??	Yes	No
Does each room have a system for purge ventilation (e.g. windows)?	Yes	No
Do the openings in the rooms satisfy the minimum opening area standards in Table 1.4?	Yes	No
Do all internal doors have sufficient undercut to allow air transfer between rooms as detailed in paragraph 1.25 (i.e. 10mm above the floor finish or 20mm above the floor surface)?	Yes	No
Mechanical ventilation with heat recovery <sup>(1)</sup>		
Does each habitable room have mechanical supply ventilation?	Yes	No
Does the total continuous rate of mechanical ventilation with heat recovery satisfy the standards in Table 1.3?	Yes	No
Does each minimum mechanical extract ventilation high rate satisfy the standards in Table 1.2?	Yes	No
Have all background ventilators been removed or sealed shut?	Yes	No
Does each room have a system for purge ventilation (e.g. windows)?	Yes	No
Do the openings in the rooms satisfy the minimum opening area standards in Table 1.4?	Yes	No
Do all internal doors have sufficient undercut to allow air transfer between rooms as detailed in paragraph 1.25 (i.e. 10mm above the floor finish or 20mm above the floor surface)?	Yes	No
NOTES: Make a visual check for mould or condensation. If either are present, install additional venti	ilation pro	ovisions

. Make a visual check for mould or condensation. If either are present, install additional ventilation provisions seek specialist advice.

All references to tables and paragraphs are to Approved Document F, Volume 1: Dwelling

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

(Rics acai Cabe



### Upgrading

### **Replacing windows**

### Existing windows with background ventilators

- **3.14** If the existing windows have background ventilators, the replacement windows should include background ventilators. The new background ventilators should comply with both of the following conditions.
  - a. Not be smaller than the background ventilators in the original window.
  - b. Be controllable either automatically or by the occupant.

If the size of the background ventilators in the existing window is not known, the ventilator sizes in paragraph 3.15 may be applied.

### Existing windows without background ventilators

**3.15** Replacing the windows is likely to increase the airtightness of the dwelling. If ventilation is not provided via a mechanical ventilation with heat recovery system, then increasing the airtightness of the building may reduce beneficial ventilation in the building. In these circumstances, it is necessary to ensure that the ventilation provision in the dwelling is no worse than it was before the work was carried out. This may be demonstrated in any of the following ways.

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

🖗 🖳 🔄 🕄 🖓 🔤 👘 👘 👘 🗰 ISO9001 Certified







### Upgrading

- a. Incorporating background ventilators in the replacement windows equivalent to the following.
  - i. Habitable rooms minimum 8000mm<sup>2</sup> equivalent area.
  - ii. Kitchen minimum 8000mm<sup>2</sup> equivalent area.
  - iii. Bathroom (with or without a toilet) minimum 4000mm<sup>2</sup> equivalent area.
- b. If the dwelling will have continuous mechanical extract ventilation, installing background ventilators in any replacement windows which are not in wet rooms, with a minimum equivalent area of 4000mm<sup>2</sup> in each habitable room.
- c. Other ventilation provisions, if it can be demonstrated to a building control body that they comply with the requirements of paragraph 3.2.

**NOTE:** If it is not technically feasible to adopt the minimum equivalent areas set out in paragraph 3.15, the background ventilators should have equivalent areas as close to the minimum value as is feasible.

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

RICS acai 🛛 Cabe (coun 🕞 👔 🚥 ISO9001 Certified



## Example – Natural ventilation existing system

Natural ventilation improvements paras 1.47 to 1.51



**Changes fall into Category C?** Natural ventilation specialist involvement required.

**Changes falls into Category B?** 

to be followed.

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

ICS acai 🛛 Cabe (cicair 🕞 👔 📦





# Firming up of the commissioning

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

(RICS acai Cabe CICAIR





REG 39 Information about ventilation system type and how to operate Details to be passed to the owner.

### **REG 41**

**Mechanical ventilation air flow rate testing-New Dwellings** Details and results within 5 days of completion to BCB.

**REG 44 Commissioning** Details within 5 days of completion to BCB.

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

cicais Cabe (cicais



### Part 1 - System details and declarations

The installer should complete this section and include details of the commissioning engineer.

1.1 Installation address details	
Dwelling name/number	
Street	
Town	
County	
Postcode	
1.2 System details	
System classification*	
Enter 'natural ventilation', 'mech	anical extract ventilation' or 'as defined by Approved Document F'.
Manufacturer	
Model numbers	
Serial number (where available)	
Location of fan units	1.
	2
	3.
	4.
	5.
	6.
	7.
1.3 Installation engineer's details	
Engineer's name	
Company	
Address line 1	
Address line 2	
Postcode	
Telephone number	
1.4 Commissioning engineer's details	if different to 1.3)
Engineer's name	
Company	
Address line 1	
Address line 2	
Postcode	
Telephone number	
Email address	

\*NOTE: If a system has been installed that is not defined in Approved Document F, further installation checks and commissioning procedures may be required. Seek guidance from the manufacturer for such systems.

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

cabe

RICS acai

ISO9001 Certified

22127



### Part 2a - Installation details

The installer should complete this section before commissioning is carried out.

2a.1 Installation checkl	st – general (all systems)	Tick as appropr	iate		
Has the system been installed in accordance with the manufacturer's requirements? Yes No					
Have paragraphs 1.12 to 1.8	37 been followed (if relevant)?	Yes	No		
If there are any deviations from paragraphs 1.12 to 1.83, give details here					
Description of installed controls (e.g. timer, central control, humidistat, occupancy sensor, thermal bypass, if applicable, etc.)					
Location of manual/ override controls					
2a.2 Installation engine	er's declaration				
Engineer's signature					
Registration number (if applicable)					
Date of inspection					

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

e

20127

RICS acai Cabe



### Part 2b - Inspection of installation

The commissioning engineer should complete this section before completing Part 3.

What is the total installed equivalent area of background ventilators in the dwelling?		mm <sup>2</sup>
What is the total floor area of the dwelling?		m²
Does the total installed equivalent ventilator area meet the standards detailed in Table 1.7 or paragraph 1.57%, as appropriate?	Yes	No
Have all background ventilators been left in the open position?	Yes	No
Have the correct number and location of extract fans/terminals been installed to satisfy the standards in Table 1.1 or Table 1.2, as appropriate?	Yes	No
Is the installation complete, with no obvious defects?	Yes	No
Do all internal doors have enough undercut to allow air transfer between rooms as detailed in paragraph 1.25 (i.e. 10mm above the floor finish or 20mm above the floor surface)?	Yes	No
Has all protection/packaging been removed (including from background ventilators), so that the system is fully functional?	Yes	No
Are systems clean internally and externally?	Yes	No
Has the entire system been installed to allow access for routine maintenance and to repair/replace components?	Yes	No
2b.2 Visual inspections – general (continuous mechanical extract ventilation and me	nical vent	ilation with h
Have appropriate air terminal devices been installed to allow system balance?	Yes	No
Have appropriate air terminal devices been installed to allow system balance? Have the heat recovery unit and all ductwork been effectively insulated and sealed for all heated and unheated spaces?	Yes Yes	No No
Have the heat recovery unit and all ductwork been effectively insulated and sealed for all		
Have the heat recovery unit and all ductwork been effectively insulated and sealed for all heated and unheated spaces? Is the condensate connection complete and does the condensate drain to an appropriate	Yes	No
Have the heat recovery unit and all ductwork been effectively insulated and sealed for all heated and unheated spaces? Is the condensate connection complete and does the condensate drain to an appropriate location (mechanical ventilation with heat recovery only)?	Yes Yes	No
Have the heat recovery unit and all ductwork been effectively insulated and sealed for all heated and unheated spaces? Is the condensate connection complete and does the condensate drain to an appropriate location (mechanical ventilation with heat recovery only)? Are filters installed? For ducted systems, has the ductwork been installed so that air resistance and leakage is	Yes Yes Yes	No No No
Have the heat recovery unit and all ductwork been effectively insulated and sealed for all heated and unheated spaces? Is the condensate connection complete and does the condensate drain to an appropriate location (mechanical ventilation with heat recovery only)? Are filters installed? For ducted systems, has the ductwork been installed so that air resistance and leakage is kept to a minimum?	Yes Yes Yes	No No No

121127



### Part 3 - Commissioning details

The commissioning engineer should complete this section after completing Part 2b.

3.1	Commissioning e						
Sche	dule of air flow m	easurement equ	ipment u	used (model and serial r	number)	Date of last L	JKAS calibration
1.							
2.							
3.							
3.2	Air flow measure	ments – intermi	ittent ex	tract fans only			
Fan r	eference (from sec	tion 1.2 above)	Measu	red extract rate (l/s)		Design extract Refer to Table	
Extra	ct fan 1						
Extra	ct fan 2						
Extra	ct fan 3						
Extra	ct fan 4						
2.41.0		For cooker	hoods o	only the highest setting i	needs to l	be recorded	
3.3				uous mechanical extra			aniaal wantilation with
3.5	heat recovery on		- contin	iuous mechanical extra	ct ventila	cion and mech	anical ventilation with
	n reference tion of terminals)	Measured air fl high rate (L/s)	low –	Design air flow – high rate (l/s) Refer to Table 1.2		red air flow – uous rate (L⁄s)	Design air flow – continuous rate (L/s Refer to Table 1.3
Kitch	en						
Bathr	noom						
En su	ite						
Utilit	v						
Othe	/				-		
Othe					-		
Othe					-		
3.4		monte (supplie)	macha	nical ventilation with h	ant mean	any only	
	n reference	Measured air f		Design air flow – high	-	red air flow -	Design air flow –
	tion of terminals)					uous rate (l/s)	continuous rate (l/s Refer to Table 1.3
Living	g room 1						
Living	g room 2						
Dinin	g room						
Bedro	pom 1						
Bedro	oom 2						
Bedro	som 3						
Bedro	oom 4						
Redro	oom 5						
beare							
Study							
	r						
Study	r Commissioning e	ngineer's declar	ation				
Study Othe 3.5		ngineer's declar	ation				
Study Othe 3.5 Engin	Commissioning e		ation				





# **Approved Document F Volume 2**

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

Cabe Cabe





Volume 2- Buildings Other than Dwellings SCOPE

Scope includes communal rooms in blocks of flats and rooms for residential purposes (but not self contained flats)

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

cical Scabe Cical Cical Cical

(A) RIC





Very much the same general simple design principles as vol 1.

Still has specific design guidance for **offices** and **car parks** and a reference to second tier documents for other purpose groups

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

Sacai Cabe Cicair Cicair



#### Table 1.1 Ventilation for buildings other than offices and car parks

Building/space/ activity	Regulations and guidance (also see CIBSE's Guide A and Appendices D and E)
Animal rooms	CIBSE Guide B2 Ventilation and Ductwork (2016)
	Code of Practice for the Housing and Care of Animals Bred, Supplied or Used for Scientific Purpose (Home Office, 2014)
Building services	Dangerous Substances and Explosive Atmospheres Regulations 2002
plant rooms	Provision for emergency ventilation to control dispersal of contaminating gas releases (e.g. refrigerant leak) is given in paragraphs 23 to 25 of HSE Guidance Note HSG 202 General Ventilatior in the Workplace – Guidance for Employers.
	BS EN 378-3 Refrigerating systems and heat pumps. Safety and environmental requirements – Installation site and personal protection
	Follow manufacturers' guidance for adequate provision of air for service equipment.
Catering and	HSE Catering Information Sheet No. 10: Ventilation in catering kitchens (2017)
commercial kitchens	BESA DW 172 Specification for Kitchen Ventilation Systems (2018)
kitchens	CIBSE Guide B2 Ventilation and Ductwork (2016)
Cleanrooms	CIBSE Guide B2 Ventilation and Ductwork (2016)
Common	Either:
spaces <sup>(1)</sup>	<ul> <li>a. natural ventilation by appropriately located ventilation opening(s) with a total opening area of at least 1/50 of the floor area of the common space</li> </ul>
	<li>b. mechanical ventilation installed to provide a supply of fresh air of 0.5 litres per second per m<sup>2</sup> of floor area.</li>
Data centres	CIBSE Guide B2 Ventilation and Ductwork (2016)
Dealing rooms	CIBSE Guide B2 Ventilation and Ductwork (2016)
Factories and	Control of Substances Hazardous to Health (COSHH) Regulations 2002
workshops	Factories Act 1961
	Health and Safety at Work etc. Act 1974
	BESA TR 40 Guide to Good Practice for Local Exhaust Ventilation (2020)
	CIBSE Guide B2 Ventilation and Ductwork (2016)
	NOTE: Requirements are often exceeded by other criteria, such as the ventilation requirements of the particular manufacturing process.
Farms	Welfare of Farmed Animals (England) Regulations 2007
	BS 5502 Buildings and structures for agriculture
Gymnasiums	Sport England Design Guidance Note: Fitness and Exercise Spaces (2008)
Healthcare	CIBSE Guide B2 Ventilation and Ductwork (2016)
buildings: non-	NHS Activity DataBase
surgical	Health Technical Memorandum (HTM) 03-01 (Department of Health)
	Health Building Notes (HBN) – various (Department of Health)
Hospitals	CIBSE Guide B2 Ventilation and Ductwork (2016)
	NHS Activity DataBase
	Health Technical Memorandum (HTM) 03-01 (Department of Health)
	Health Building Notes (HBN) – various (Department of Health)
Hotels	CIBSE Guide B2 Ventilation and Ductwork (2016)

Second tier document design for other buildings

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \*

www.londonbuildingcontrol.co.uk

RICS acai Cabe



Table 1.1 Con	tinued					
Building/space/ activity	Regulations and guidance (also see CIBSE's Guide A and Appendices D and E)					
Industrial ventilation	Industrial Ventilation: A Manual of Recommended Practice for Design (American Conference of Government Industrial Hygienists, 2019)					
	Industrial Ventilation: A Manual of Recommended Practice for Operation and Maintenance (American Conference of Government Industrial Hygienists, 2020)					
	HSG 258 Controlling Airborne Contaminants at Work (HSE, 2017)					
Museums,	BS 4971 Conservation and care of archive and library collections					
libraries and art galleries	BS EN 16893 Conservation of Cultural Heritage. Specifications for location, construction and modification of buildings or rooms intended for the storage or use of heritage collections					
Places of assembly	CIBSE Guide B2 Ventilation and Ductwork (2016)					
Prison cells	PSI 17/2012 Certified Prisoner Accommodation (Ministry of Justice, 2012)					
Sanitary accommodation	Same as for offices in paragraph 1.26: sanitary accommodation should have an intermittent air extract rate of both of the following.					
	a. 15 litres per second per shower or bath.					
	<li>b. 6 litres per second per WC pan or urinal.</li>					
	Extract ventilators in sanitary accommodation should be capable of continuous operation if required.					
Schools and	Education (School Premises) Regulations 1999					
education	Building Bulletin 101 Guidelines on Ventilation, Thermal Comfort and Indoor Air Quality in Schools (ESFA, 2018)					
	Building Bulletin 101 can also be used as a guide to the ventilation required in other educational buildings, such as further education establishments, where the accommodation is similar to that in schools, e.g. sixth form accommodation. However, the standards may not be appropriate for particular areas where more hazardous activities take place than are normally found in schools, e.g. some practical and vocational activities that require containment or fume extraction.					
	Building Bulletin 101 can also be used for children's centres and other early years settings, including day nurseries, playgroups, etc.					
Shops and general retail premises	CIBSE Guide B2 Ventilation and Ductwork (2016)					
Sports centres	CIBSE Guide B2 Ventilation and Ductwork (2016)					
and swimming pools	Sport England Sports Halls Design and Layouts: Updated and Combined Guidance (2012)					
Supermarkets and food stores	CIBSE Guide B2 Ventilation and Ductwork (2016)					
Transportation buildings and facilities	CIBSE Guide B2 Ventilation and Ductwork (2016)					
NOTE:						
1. Common space	es are as defined in Appendix A.					

www.londonbuildingcontrol.co.uk

RICS acai Cabe

info@londonbuildingcontrol.co.uk \*

e

121127

Tel: 0207 099 3636 \*



# Minimising the ingress of external pollutants is expanded upon



Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

Cabe Cocar





Toughening up on the commissioning certification in much the same way as Volume 1

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

acai Cabe CicAIR

(Q RICS





# **Indoor air quality monitoring** Monitoring of carbon dioxide levels- Types of Building it applies to.

### Indoor air quality monitoring

- **1.21** In new buildings, the following types of occupiable room, unless they are rooms of the size described in paragraph 1.22, should have a means of monitoring the indoor air quality. This may be achieved using CO, monitors or other means of measuring indoor air quality.
  - a. Occupiable rooms in offices.
  - b. Occupiable rooms where singing, loud speech or aerobic exercise or other aerosol generating activities are likely to take place. These may include rooms, for example, in gymnasiums, other indoor sports venues, dance studios, theatres, concert halls, public houses, nightclubs, places of assembly, as well as in other types of building.
  - c. Occupiable rooms where members of the public are likely to gather. These may include rooms, for example, in public buildings, hotels, gymnasiums, indoor sports venues, dance studios, theatres, concert halls, public houses, nightclubs, places of assembly, as well as in other types of building.
  - d. Occupiable rooms which are maintained at both low temperatures and low levels of humidity. These may include rooms used for chilled food processing and occupied cold stores.

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

acai Reabe (come C2) (ISO9001 Certified



# Indoor air quality monitoring. Relevant building size limitations



1.22 The guidance in paragraph 1.21 does not apply to the following sizes of room.

- a. Small spaces up to 125m<sup>3</sup> volume, or 50m<sup>2</sup> floor area.
- b. Large spaces over 800m<sup>3</sup> in volume, or 320m<sup>2</sup> floor area.
- 1.23 Where CO<sub>2</sub> monitors are used, they should meet all of the following.
  - a. Be non-dispersive infrared (NDIR) type CO<sub>2</sub> monitors.
  - b. Be mains powered.
  - c. Be placed at breathing height and away from windows, doors or ventilation openings where practicable.
  - d. Be placed at least 500mm from people where practicable.

**NOTE:** Additional details on  $CO_2$  monitoring for indoor air quality can be found in Appendix C.

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk





# Indoor air quality monitoring

Appendix C gives guidance on design type and use

### Appendix C: CO, monitoring

**NOTE:** The guidance in this appendix is based on the Scientific Advisory Group for Emergencies (SAGE) EMG/SPI-B advisory group paper Application of  $CO_2$  monitoring as an approach to managing ventilation to mitigate SARS-CoV-2 transmission.

People exhale carbon dioxide (CO<sub>2</sub>) when they breathe out. If there is a build-up of CO<sub>2</sub> in an area it can indicate that ventilation needs to be improved.

Checking levels of CO, using a monitor can help to identify areas that are poorly ventilated.

#### Types of CO, monitor to use

Many different types of CO<sub>2</sub> monitor are available. The most appropriate portable devices for use in the workplace are non-dispersive infrared (NDIR)  $CO_2$  monitors.

#### How to use a CO<sub>2</sub> monitor

The level of  $CO_2$  in the air will vary within an indoor space. It is best to place  $CO_2$  monitors at head height and away from windows, doors or air supply openings.

Monitors that are positioned too close to people may give a misleadingly high reading due to the CO<sub>2</sub> in exhaled breath. Monitors should therefore be positioned at least 500mm away from room occupants.

Measured levels of  $CO_2$  within a space can vary throughout the day due to changes in number of occupants, activities being performed or ventilation rates in the space. The opening and closing of doors and windows can also have an effect.

The amount of  $CO_2$  in the air is measured in parts per million (ppm). If measurements in an occupied space seem very low (far below 400ppm) or very high (over 1500ppm), it is possible that the monitor is not in a suitable location. The monitor may need to be moved to another position within the space, to get a more accurate reading.

Instantaneous or 'snapshot' CO<sub>2</sub> readings can be misleading, so several measurements should be taken throughout the day. The frequency of measurements should be sufficient to ensure that changes in the use of the room or space throughout the day are represented in the readings. Levels of CO<sub>2</sub> may also vary throughout the year, as outdoor temperatures, and therefore behaviour relating to opening windows and doors, change.

#### How to get the most accurate readings

- a. Check that monitors are within the recommended calibration period.
- b. Follow the manufacturer's instructions, including allowing the appropriate warm-up time for the device to stabilise
- c. Know how to use the monitor correctly, including the time needed to provide a reading.
- d. Take measurements at key times throughout the working day.
- e. Record CO<sub>2</sub> readings, number of occupants, the type of ventilation in use at the time and the date. These will help you use the CO<sub>2</sub> records to decide if an area is poorly ventilated.



# Indoor air quality monitoring

Appendix C gives design guidance on how to make sure its effective



#### How the measurements can help you take action

CO<sub>2</sub> measurements should be used as a broad guide to ventilation within a space, rather than treated as 'safe thresholds'.

Outdoor levels are around 400ppm. A consistent indoor CO<sub>2</sub> value of less than 800ppm is likely to indicate that a space is well ventilated.

An average  $CO_2$  concentration of 1500ppm over the period when a space is occupied is an indicator of poor ventilation. Action should be taken to improve ventilation if  $CO_2$  readings are consistently higher than 1500ppm.

However, in locations where continuous talking or singing takes place, or there are high levels of physical activity (such as dancing, playing sport or exercising), providing ventilation sufficient to keep CO<sub>2</sub> levels below 800ppm is recommended.

#### Where CO, monitors will be less effective

 $CO_2$  monitors may not be suitable for use in areas that rely on air-cleaning units because these remove contaminants from the air but do not remove  $CO_3$ .

In large, open spaces and spaces with high ceilings, such as food production halls or warehouses, air may not be fully mixed and the measurements made by CO<sub>2</sub> monitors may not be representative.

CO<sub>2</sub> monitors are of limited use in less populated areas.

RICS

Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk







# Thank you for listening

# nick@londonbuildingcontrol.co.uk

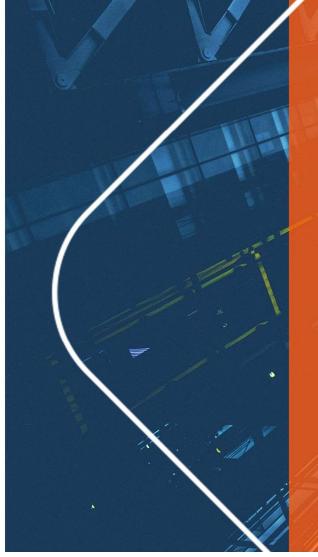
Tel: 0207 099 3636 \* info@londonbuildingcontrol.co.uk \* www.londonbuildingcontrol.co.uk

( RIC!

acai 🤮 cabe (acua ) 🕞 🔊 📦 🔤 ISO9001 Certified









### Head Office:

London Building Control, 13 Woodstock Street, Mayfair, London, W1C 2AG

Tel: 0207 099 3636 www.londonbuildingcontrol.co.uk info@londonbuildingcontrol.co.uk

#### Offices also in:

Chichester: 01243 882990 Manchester: 0161 660 0806 Welwyn Garden City: 01707 248611 Exeter: 01392 240770